



Persistence, Patience and Progress

By John W. Mitchell, Executive Director/CEO

Welcome to Arden Wood—a vibrant, growing community of Christian Scientists and for Christian Scientists! This issue of our newsletter highlights the variety and substance of our services and activities. Whether you're a patient here or at home, whether you become a resident or stay overnight for rest and study, whether you attend a special event or spend a few hours in our Bible Research Library, you'll find Arden Wood to be a ready resource and a lively meeting place for Christian Scientists from the Bay Area and well beyond.

Residents have moved here from as far away as Florida, Texas, Colorado, and Hawaii; patients often come from other parts of the country; and Christian Science nursing trainees have hailed from six continents. Arden Wood is open to all

those who want to rely on Christian Science fully for healing and live it fully every day!

We warmly invite you to join us for an upcoming event, take a tour, enjoy a good meal and a walk in our gardens. We want Arden Wood to be your "go-to" place for care, contentment, and companionship. Come soon and come often!

What have we been up to over the last six months? Our focus has been on closing the gap between income and expenses that's grown over the years and on reducing our dependence on donations and grants because they vary greatly from year to year. We aim to operate closer to capacity and more efficiently without compromising any of our services. Also, we remain committed to meeting the need for Christian Science nursing care, for a place to live, and for inspiring activity.

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WHAT'S NEW AT ARDEN WOOD?

We've renamed our Independent Living community—**The Residences at Arden Wood!** Studio, one- or two-room apartments are located primarily on the third floor of our main building. Since our last issue, **four new residents have moved in, three since January! And more are on the way.** Our expanding community reflects a wealth of new ideas, personal stories and vibrancy!

Visit our website (www.ardenwood.org) to watch our **new video!** It's a 5-minute overview of our services, buildings and grounds, and it's a perfect way to introduce Arden Wood to family and friends. Feel free to share it!

We have three **job openings: Human Resources Representative, Marketing Assistant, Reservationist/Receptionist.** Check our website for details: www.ardenwood.org/employmenttopps

Healing at Arden Wood

I woke up in a hospital one afternoon after falling, hitting my head, and getting generally banged up while I was enjoying some outdoor activities. Apparently, someone had seen me and called 911. By the time I woke up, a number of tests had been run on me. I was in a state of partial confusion, but my first thought was that I wanted to be out of that environment as quickly as possible.

I was able to get in touch with a practitioner late that night. Strong thoughts were

shared: "If it didn't happen to God, it didn't happen to me; if it's not going on with God, it's not going on with me." The doctor and I had already discussed that I only wanted Christian Science treatment, but he told me that without one more test, I would be released "against medical advice," which would eliminate insurance coverage. The test was just an ultrasound picture, so I consented. I was finally released about 24 hours after I got there—it seemed like forever.

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WHERE LOVE IS – THE RESIDENCES AT ARDEN WOOD

By Judy Reigle, Resident

I bring you greetings from the third floor here at Arden Wood. We are a happy group and we love living here! I first learned about Arden Wood from *Heart to Heart* and talks given here. Both were inspiring and helpful.

After my husband passed on a few years ago, I realized there would be a new life ahead of me. I prayed for comfort and direction.

While at Principia last summer, I heard John Mitchell's talk (Arden Wood's ED/CEO) and saw a video about Arden Wood. I was impressed! I thought this might be a good place for me to continue growing spiritually without caring for a household.

I made inquiries about a visit, and in November, I spent two weeks here. I felt so at home and was received with much love. I just knew this was my right place! My daughter-in-law assured me she would take care of everything I was leaving behind—to go ahead and move. What a blessing that was!

I arrived on January 6th and have been enjoying new friends, lovely walks among the eucalyptus trees, quiet moments in Shelt'ring Wing, and the wonderful reference libraries ever since. There's more companionship, variety and balance in what we eat, time to study and pray and for interesting activities.

We are all a family here, uniting in one cause: to uplift our thinking to higher views of life and to not accept decline. Arden Wood is blessing many people. This is where love is, and this is my home! 🌿

The Residences at Arden Wood – You Are Ready!

By Diane Speer

“Christian Science raises the standard of liberty and cries: “Follow me! Escape from the bondage of sickness, sin, and death!” (Mary Baker Eddy, *Science and Health with Key to the Scriptures*, 227:21-23) What a wonderfully freeing and powerful statement!

Arden Wood upholds that standard of liberty in its dedication to and prayerful support of Christian Science healing. Christian Scientists are moving to **The Residences at Arden Wood** to fully participate in that work. Six individuals have joined our independent living community within the past year from Texas, Washington state, North Carolina, and the greater San Francisco Bay area. They join those who moved here earlier from still other parts of the U.S. The community is diverse, interesting, and growing with purpose! Are you ready to join us? The answer to this question is often, “Oh, I’m not ready.” Not ready for what? What are you waiting to be ready FOR?

Ask yourself: Have I been buying into the world beliefs regarding “riper years”? Or am I daily watching and witnessing divine Life’s unfoldment? Lots of advertising dollars are spent trying to convince us that man ages. We must be watchful! We know better than to accept a mortal, limited concept of life. Arden Wood is NOT a retirement home. In fact, we are the exact opposite. We are active in our prayers to daily witness an ever fuller sense of life! Our residential program caters to AGELESSNESS!

Are you ready for a fuller sense of freedom, truer independence, vibrant activity, uplifting thought, and friendships, and more consecrated time for Christian Science study? **The Residences at Arden Wood** provides a beautiful setting where you can put aside the false assumptions

that are simply the world’s misconception of life and continue to grow as a Christian Scientist.

Where and when will you grow? In quiet, alone time, reading, studying and praying in your apartment, or the Bible Reference Library, or the 5th Floor Sun Room, or Shelt’ring Wing. And during any group activities you choose to join, like the weekly Current Events discussion over lunch; listening to weekly TED talks about innovations, the arts, and inventions; day trips in the Arden Wood bus to museums, the beach, shopping malls, parks, gardens, the cinema, live theatre events, and restaurants. Christian Science-related activities are equally diverse and abundant. Church attendance and active branch church membership form the bedrock of each week. We often get together to listen to articles from JSH-Online and to watch Christian Science webinar lectures. Right now, we’re reading aloud *Prose Works* and a biography of Mrs. Eddy. We also love to attend Christian Science lectures in the Bay Area. Whatever the activity, residents enjoy learning and sharing these experiences and new ideas with each other—and “enlarg(ing) the place of (their) tent(s)”—their thinking and prayers—every day (Isaiah 54:2).

An old Greyhound bus ad urged people to, “Leave the driving to us.” At Arden Wood, we might say, “Leave the driving, the housekeeping, and the cooking to us, as well as the home repairs, maintenance and lawn care!” You have wonderful prayerful work and Christianly scientific living to do! Truly, “the world has need of you!” (Mary Baker Eddy, *Miscellaneous Writings*, 105:4).

Move to **The Residences at Arden Wood** and add your talents and your love for God and man to this vibrant community. We’re ready for you! Come join us! 🌿

Would you like to know more about **The Residences at Arden Wood**? Please call Diane Speer at (415) 379-2320.



IN OUR OWN WORDS
From our residents



Favorite outings

- Filoli Gardens, museums, art galleries, the Academy of Science
- The Arboretum, Golden Gate Park, the Presidio
- Sausalito, Muir Woods, north countryside
- Harbor boat excursions
- Mount Diablo when the poppies are in bloom
- The Goodwill Thrift Store
- A movie on a rainy day
- Walks along the beach
- Taco Bell by the sea

What the Christian Science community should know about Arden Wood

- It's a "full service" community—from active independent living to Christian Science nursing care on a separate floor; also, it's affordable compared with other choices.
- It meets all the human needs beautifully and is an excellent place to grow in Christian Science and to meet with other like-minded people.
- It is beautiful—a place of peace, friendship, love, and healing.
- There are more than 1,500 religious books in the Bible Research Library!
- The variety of activities and the freedom of activity are terrific.
- There is no place like it! It is a place one really does need to experience.

What I appreciate most about Arden Wood

- Quiet, safe, beautiful surroundings, wonderful staff, the loving atmosphere.
- The superb maintenance of the building and grounds. This building is quite impressive!
- I'm learning how to better spiritualize my thoughts and to Christianize my life, how to be more loving and kind and helpful.
- Sharing Christian Science thoughts and ideas at JSH-Online gatherings and at Saturday Book Reviews and Monday Bible Talks.
- Being able to get help with our iPads, with all our electronic equipment.
- Having transportation not only for group outings, but for personal appointment needs.
- The Front Desk people, who help us mail a package or buy a stamp, or cards and wrapping paper.
- The Gallery Café, TED talks, MBE readings, hymn sings.
- That everything is spic and span!
- Talking with people in the hallway.

A HAPPY SHELTERED CARE GUEST AND A HAPPY FAMILY

By Debbie McNeil

My mom is a widow, and she used to live in a wonderful retirement community in Arizona. The facility had independent and assisted living care as well as skilled nursing care, and they even took Mom to the local Christian Science church. But, when mom needed more care, she told us she wanted to live in a place that supported her in Christian Science. Since I live an hour from Arden Wood, it seemed the logical place for her to go. Not all family members are Christian Scientists, so there was some concern about this move, but we were all committed to supporting her.

The minute she moved in, we knew Mom had made the right decision. Apart from having Christian Science support, Mom loves her room, the staff members, who are warm and nurturing, the daily activities, and the food! Plus, Arden Wood has beautiful grounds. Mom and I often walk along the pathways and through the gardens. It's my favorite thing to do with her.

Most importantly, the family feels like the Christian Science nursing staff understands Mom and supplies her with all the love and care she needs. We don't worry about her at all. The relationship between Mom, her family and the Arden Wood staff is wonderfully supportive and comforting. One time, Mom had a physical problem, so she moved temporarily to the Christian Science nursing floor. She was lovingly cared for, and in a few days she was back in her own room, where she was quickly herself again. Lately, she's felt that she no longer needs a walker. The family is rejoicing with Mom over her progress.

Arden Wood has not only blessed Mom, but our family as well. 🌿



Residents at the grand staircase in San Francisco's City Hall.

TESTIMONY OF HEALING

Some time ago, I fell and was unable to use one arm. I made two phone calls: first, to a Christian Science practitioner, and second, to the Arden Wood Visiting Christian Science Nursing Service (VCSNS). The year before, I'd used the same service when I was suddenly unable to walk, and the Christian Science nurse, arriving at midnight, had brought walking aids and practical advice, as well as a quietly loving and cheerful sense that comforted and calmed me. It was just what I had needed.

This time, the Christian Science nurse stabilized my arm in a special sling. The next day, a Christian Science nurse helped me take a shower and change clothes. Then she asked if I'd thought about going to Arden Wood. She encouraged me to call, even though I didn't think I could afford to go there.

The Director of Christian Science Nursing helped me determine that my insurance coverage was sufficient; she also let me know about available funds for those without adequate insurance. I was very impressed by this provision.

The following day my sister drove me to Arden Wood, where I entered a wonderful environment in which everyone had that same quietly loving and cheerful sense I'd noticed with the visiting Christian Science nurses. As Christian Science nurses came and went from my room, I was impressed with their professionalism and skill. They operated as a family more than as co-workers doing a job, and I felt invited into that family during my stay. It was quite remarkable.

At first, my arm was very painful to move in any direction, but healing was evident right away and, step-by-step, I was able to use a less restrictive sling, then discard the sling, and eventually extend my arm to its full length. This last step was hastened by a Christian Science nurse suggesting, "Just let your arm unfold." I was struck by how gentle

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Call us any time, day or night — (415) 379-2224 from 8AM-6PM,
or (415) 379-2105 after hours and on weekends.

Care that's Transforming and Healing—Don't Wait to Call!

By Lesleah De Frisco, Director of Christian Science Nursing

When is the right time to call Arden Wood for help?

If the thought is coming to you that you might need help or if you have a question about care, please call—and ask what a Christian Science nurse can do for you. Nothing is too small or too big. Obstacles to asking for help often appear as a false sense of pride or self-criticism for not having made this demonstration yet, embarrassment, or fear that people will find out. Nothing could be further from the truth!

A challenge is a wake-up call to set aside all the distractions of home life, job and church, pride, fear, etc.—to stop and focus. Coming to Arden Wood makes healing the top priority. Being on the Christian Science nursing floor is a re-set button, a re-boot. It's transforming and healing!

What can you expect when you call?

As soon as the call is made, it's easy to move forward. You'll be asked questions: What is your care need and what do you need help with? Our goal is to say, "Yes, we have room. Yes, care is affordable. Yes, we can provide immediate support." We're ready day or night, round the clock.

There are just two requirements for admittance: daily treatment from a practitioner listed in *The Christian Science Journal* and full reliance on Christian Science for healing. You don't have to be a branch church member. If you're in

the hospital or another type of facility, and not wanting to have medical care, we are happy to discuss possibly moving to Arden Wood. If you're committed to these two requirements and have a basic understanding of Christian Science, you can come to Arden Wood.

What can you expect when you come?

Compassionate care and complete confidentiality! We support individuals who are willing and ready to wholeheartedly trust God for healing. We are ready to care for any challenge!

You'll be surrounded with thought that's expectant of healing, encouraging, and helping you to go forward. We provide the skillful care to assist with any human need for support, comfort, cleanliness, nourishment, mobility, so that you don't have to focus on these things.

Before going into a patient's room, we pause...and let the Christ go before us. You'll experience "the tender word and Christian encouragement..., ...patience with [your] fears and the removal of them" (S&H, 367:3-5).

The Christian Science nurse's thought is so far removed from the body that he or she is unfazed by the bodily picture. We start with who you are as God's reflection and work out from that. We work without medication, and we see healing by being right there on the scene any time of day or night. We'll stand with you all the way! 🌿

Christian Science Nurse

By Shannon Nordling, Christian Science Nursing Arts graduate

After college, I had grand ideas of traveling and art school, but first I worked at a Christian Science summer camp. Since we didn't have a Christian Science nurse on staff, often the counselors stepped in when campers needed care. I treasured these opportunities. It was so fulfilling to work with fellow Christian Scientists, to bring God into every aspect of the day, to contribute to the greater cause. While praying about my next steps, the idea of Christian Science nursing came sweetly and persistently.

From the very start of my training, I appreciated the thoughtful kindness of each new co-worker and instructor. There was no question in my mind that this education was teaching me more about God, about being truly selfless, and about Christian Science than anything else could. The challenges propelled me forward, strengthening me as a metaphysician and a Christian Science nurse. I quickly began to love the lessons I was learning and the daily work.

The Christian Science Nursing Arts (CSNA) curriculum is clearly structured and carefully planned to give each student excellent training, yet to progress only when he or she is fully ready. The instructors and mentors set a very high standard to support each student in fulfilling the *Manual of the Mother Church By-law* (49:10-11) in their practical and metaphysical expression of Christian Science nursing. The mentors work alongside you, demonstrating that excellent standard, giving you the tools you need to bring forth a full expression of Christian Science nursing. At first, you work closely *with* them, and then more independently as you master those skills. You always have a mentor as a resource.

The classroom curriculum and mentored-training cover practical skills and Christian Science ethics in great detail, and they demand a depth of metaphysical prayer and practice. We shared readings in class every day, and the instructors shared deep

metaphysical truths in support of the ministry of Christian Science nursing. Metaphysics are inseparable from the skills gained as a "demonstrable knowledge of Christian Science practice" is the foundation of how we properly care for our fellow man (*Manual*, 49:10-11).

An ethical practice is a Christianly scientific practice. It upholds the truths and demands of Christian Science. It's "[beholding] the perfect man" in everything you do. Always. *Always!* Being honest, having integrity, and doing the right thing are good, but a metaphysical understanding goes much deeper than that; it understands *why* you are ethical—because of your understanding of God's idea as coexistent. Ethics underpin the entire CSNA program and your ministry afterwards.

The purpose of the CSNA program is to present a right representation of Mrs. Eddy's definition of Christian Science Nurse (*Manual*, 49:7). The instructors and mentors express such a deep reverence for the patients and their spiritual identity, and for every aspect of care and excellence of skills. It's crucial to have the skills and judgment that enable you to minister in a way that's most comfortable, loving, and wise. The CSNA program supports you in demonstrating all three—excellent skills, a full sense of assessment of the patient and your own abilities, and a deep sense of reverence for the Christ and your role as Christian Science nurse, for the patient and for the practitioner.

The whole goal of a Christian Science nurse, outside of caring for one another, is to witness perfect Christ healing—to bring with you (in your thought) the tenderness of the Christ and the ever-presence of Love—the Principle that is 'God in action.' Such a deep sense of Love is entirely, exclusively, of God, and there are no bounds to it—only healing. That's the ministry of a thoroughly prepared Christian Science nurse. 🌿



BLESSINGS

By Shannon Nordling

DEDICATING MYSELF FULLY TO GOD IN THIS WORK HAS BROUGHT ABOUT SO MANY BLESSINGS. SINCE BEGINNING THE CSNA TRAINING PROGRAM, I'VE MARRIED, JOINED A LOCAL BRANCH CHURCH, AND FOUND NEW AND FULFILLING FRIENDSHIPS AND OPPORTUNITIES. MY HUSBAND AND I ARE SO GRATEFUL TO HAVE AN APARTMENT HERE ON ARDEN WOOD'S PROPERTY, ALLOWING US TO BE PART OF THIS VIBRANT COMMUNITY, NEIGHBOURHOOD, AND CITY. LIFE CERTAINLY IS GOOD HERE, AND I HAVE NO DOUBT OF ITS SOURCE. 🌿

SAVE THE DATES!

July 14, Friday

5:30 - 8:00 PM

Bruce Cowee book talk

Sept 15-16, Fri-Sat

Madelon Maupin Bible workshop

December 3, Sunday

Christmas celebration

OPEN TO ALL – EVERY DAY (ALL NIGHT, TOO!)

By Mark Nelson, AW Trustee

I began my day with readings from the Bible Lesson, but I really wanted to find one “new” thought or a new view.

While driving to my first appointment, which was at Arden Wood, I received a call from a friend (also a Christian Scientist). She had to cancel a meeting with me to care for a family member who had just had an accident and was not mobile. I sensed her concern.

While driving to my second appointment, I suddenly turned around, remembering that Arden Wood has a great Bible Study Library, convenient and quiet, where I could spend a little time finding that new idea and giving a little thought to my friend's situation.

Sitting in the library's warm, sunny solarium, I found this quote:

The lessons we learn in divine Science are applicable to all the needs of man. Jesus taught them for this very purpose; and his demonstration hath taught us that ‘through his stripes’—his life-experience—and divine Science, brought to the understanding through Christ, the Spirit-revelator, is man healed and saved. No opinions of mortals nor human hypotheses enter this line of thought or action (MW, 3:9-16).

What a great statement! “Human hypotheses” can appear to be pretty big and real, whether it's a particular financial picture or a physical accident or any other scenario. For the rest of the day, I made sure that my support was without mortal opinion or human hypotheses, that it reflected God's pure, divine love and understanding, which meets every need at every moment.

I texted my friend with these ideas and reminded her that Arden Wood can be a tremendous help and immediate support. She was grateful to hear this, and I was grateful that I could use the Bible Study Library, which is open to all, to find what I needed that day—and any day! 🌿



Care Committee members came from Bay area branch churches to share experiences and learn together.

Workshops at Arden Wood – Inspired and Practical

Our first Care Committee workshop, held in mid-April at Arden Wood, was a great success! We plan to host more workshops on different topics as well as a follow-up to this one. If you have suggestions for a topic/theme, we'd love to hear from you: info@ardenwood.org or (415) 379-2104. We'll be in touch as soon as the next workshop is scheduled!

“...lovely, friendly,
and informative.”

“Thank you for refreshing
and inspiring us on how
important it is to CARE!”

CONSCIOUSLY BEING
AWARE AND
REFLECTING ON
EACH ONE'S GOODNESS
AND PERFECTION!

“Thank you
for...bringing us
all together..”

“THE FORMAT
WAS GREAT.”

“It is so heartening
to know of the many active
Care Committees in Northern
California and to pick up
so many ideas/ways to
implement them.”

“FUN AND
INSPIRING!”

Persistence, Patience and Progress

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The need for the care of those with mental impositions persists, and we still plan to build out a new wing to accommodate them. We are very grateful for contributions to this project. However, until our operating deficit is in better balance, funds for this project are being held in reserve.

The trustees, staff, residents and patients

are united in their support of Arden Wood as a “beacon of practical, operative Christian Science” (*MW*, 207:1). We greatly appreciate your ongoing donations to the General Fund, which enables us to fulfill and sustain this inspired and useful purpose. Thank you! 🌿

Healing at Arden Wood

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I was able to check into Arden Wood, where I spent almost a week. I don't remember the first couple days, but a friend later told me that I was in a great deal of physical discomfort and mental distress. I am grateful for the practitioner's clear view and strong statements of truth that resulted in my regaining mental clarity.

What a contrast between the hospital atmosphere and Arden Wood's. The Christian Science nurses were unimpressed by the picture that was presented and expected it to be corrected by the Truth.

One condition, which seemed to be an effect of this incident, made me try to avoid eating. The Christian Science nurses' refusal to accept this as real, combined with a practical expectation of doing what is humanly normal, helped me to eat again in a couple days.

After a few more days of care, study, and prayer, I was ready to get back to my normal routine. What a blessing to have a place like Arden Wood as a refuge in a time of need. 🌿

Testimony of Healing

Continued from Page 4

and metaphysical this was, as opposed to doing rehabilitation exercises. That same day I was able to unfold my arm, and in two or three more days I could let it hang freely.

I am so grateful to have had this time for close communion with God in a lovely

mental environment, while having my physical needs met so that preparing food, getting dressed, washing my hair, etc. were not issues I needed to worry about.

—April 2017

FINANCIAL ASSISTANCE FOR CHRISTIAN SCIENCE NURSING CARE

If you cannot pay the full cost of Christian Science nursing care at a Christian Science facility or at home, you are welcome to apply for a grant from the **National Fund for Christian Science Nursing (NFCSN)**. The NFCSN is funded by The Mother Church, individuals, and foundations, and is administered by The Principle Foundation. We hope this new benevolence fund will increase the availability, accessibility and activity of Christian Science nursing all over the country. For details, please visit www.nfcsn.org or call **(816) 759-5450** or **(800) 873-2843**. 🌿

RESERVE NOW!

**Madelon Maupin
Bible Workshop:**

**Exploring Heavenly
Visions: Unpacking
Daniel and Revelation**

**Fri, Sept 15, 5:30 – 8:30 PM
Sat., Sept 16, 9:00 AM – 4:00 PM**

**Visit www.ardenwood.org/
events for details!**



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A MATCHING CHALLENGE!

THANKS TO SEVERAL STALWART SUPPORTERS OF ARDEN WOOD, ALL DONATIONS TO THE GENERAL FUND WILL BE DOUBLED, DOLLAR FOR DOLLAR, UP TO A TOTAL OF \$75,000. WE HOPE YOU'LL JOIN US IN GROWING THIS \$75,000 INTO \$150,000 BEFORE JULY 31ST. THANK YOU FOR YOUR LOVE AND SUPPORT!

"EMERGENCE INTO LIGHT"

Emily Byquist, C.S., gave the inspirational talk at our 2017 Annual Meeting on May 6th. You can listen to her talk on our website at: www.ardenwood.org/communications/previous-event-videos

Working Together Makes All the Difference

By Wylie Greig, President, Board of Trustees

For several years now, Arden Wood's focus has been on progressive steps to ensure that it keeps "abreast of the times" in meeting the needs of today's Christian Science field (*Manual* 44:21-22). We've expanded our Sheltered Care program, increased our capacity to train Christian Science nurses, and developed plans to re-purpose an underutilized wing to care for those with mental impositions.

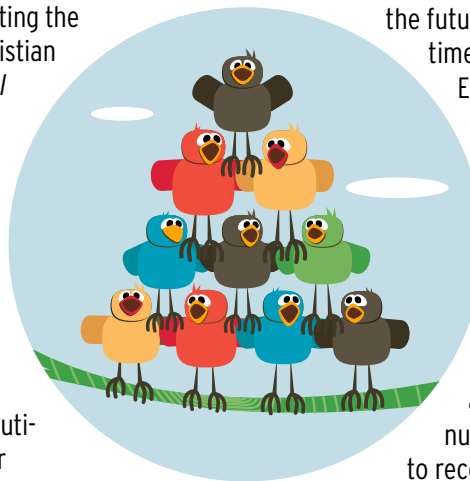
In the face of these progressive moves, we were surprised, then, by a sharp drop in revenues last year—from both our income and donations.

We're grateful to report that our cash flow situation today is much improved, thanks to persistent prayer, a concerted effort by our management and staff to reduce operating costs, higher occupancies in our Sheltered Care program and *The Residences*, and a timely increase in support from the field. But prudence dictates that we put our plans to care for those with mental impositions on hold until we truly "right the ship." Thank you, Father, for watching over and guiding us every step of the way!

One of the best ways that Christian Scientists can insure that facilities and services like ours remain available in the future is to USE THEM in times of need. Mary Baker Eddy addressed what she termed "an unnatural reluctance" to seek help from "an experienced Christian Scientist" (*S&H* 420:5). Wouldn't that be a Christian Science practitioner and a Christian Science nurse? Where better to receive care from both than in a place like Arden Wood?

We are today a diverse community of more than 100 residents, guests, nurses, volunteers, and workers of all ages, supporting each other, embracing life, and focused on our individual growth as Christian Scientists. We'd love to have you come here—to visit, enjoy the programs and activities, participate, rest and study, be healed, and even move in! We always welcome inquiries and visits.

Your commitment to Christian Science and spiritual healing as well as your support of Arden Wood are enormously important to us, and we thank you from the bottom of our hearts for all you do! 🍃



Brood o'er us with Thy shelt'ring wing,
'Neath which our spirits blend
Like brother birds that soar and sing,
And on the same branch bend.

Christian Science Hymnal, 30